



Personnel

SELF-AID AND BUDDY CARE TRAINING

NOTICE: This publication is available digitally. Contact your Publishing Distribution Office (PDO) for the monthly CD-ROM or access to the bulletin board system. The target date for discontinuing paper publications is December, 1996.

This instruction implements AFD 36-22, *Military Training*. It outlines requirements for Self-Aid and Buddy Care (SABC) Training, and establishes training objectives. SABC is an educational program established for nonmedical personnel. Medical personnel and Pararescue personnel, AFSC 1T2X1 are exempt. Pararescue individuals have specialized training and experience that make them excellent SABC instructor candidates for unit SABC training programs. It concentrates on emergency first-aid procedures. It applies to all personnel of the regular Air Force, the Air National Guard (ANG), and the US Air Force Reserve (USAFR). Send comments and suggested improvements on AF Form 847, **Recommendation for Change of Publication**, through channels to HQ USAF/SGWN, 110 Luke Avenue, Room 400, Bolling AFB DC 20332-7050.

SUMMARY OF REVISIONS

★Newly developed and approved audio-visual format and course curriculum content exist in the DoD inventory are identified in this AFI. Requires Director of Base Medical Services to appoint a Base SABC Advisor. A ★ indicates revision from the previous edition.

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Section A—Responsibilities	
Headquarters United States Air Force (HQ USAF)	1.
Headquarters Air Education and Training Command (HQ AETC)	2.
Major Command/Command Surgeons Office (MAJCOM/SG), Air National Guard Readiness Center/Command Surgeons Office (ANGRC/SG), Air Force Reserve/ Director of Health Services (AFRES/SG), and the Air Reserve Personnel Center, Surgeons Office (ARPC/SG)	3.
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Section A—Responsibilities**1. Headquarters United States Air Force (HQ USAF).****1.1. HQ USAF/SGWN:**

- Establishes and reviews SABC policy and objectives.
- Gives professional and technical guidance on SABC programs and approves implementation of programs and distribution of products.

2. Headquarters Air Education and Training Command (HQ AETC).**2.1. HQ AETC/SGN:**

- Directs the development of SABC initial, refresher, and instructor course training material (audiovisual and print) packages for distribution in the field.
- Conducts an annual review of the SABC initial, refresher, and instructor course training programs to ensure that course material is current and pertinent to the target group.
- Ensures that Instructional System Development procedures (AFI 36-2201, *Developing Military Training Programs*, AFI 36-2202, *Managing and Conducting Military Training Programs*) are applied to each program objective.
- Makes recommendations for improvements or changes to HQ USAF/SGWN.
- Submits SABC audiovisual products, narration, and printed training materials to HQ USAF/SGWN for approval.
- Forwards HQ USAF/SGWN approved SABC audiovisual and narration products to the Air Force Central Visual Information Library for duplication and distribution to the field.

3. Major Command/Command Surgeons Office (MAJCOM/SG), Air National Guard Readiness Center/Command Surgeons Office (ANGRC/SG), Air Force Reserve/ Director of Health Services (AFRES/SG), and the Air Reserve Personnel Center, Surgeons Office (ARPC/SG).

- Appoint MAJCOM SABC advisor for training and administrative management
- Provide consultation and coordination for base level SABC Advisors.
- Ensure that personnel use the AETC SABC training course packages throughout the command.

4. Base-Level Responsibilities.**4.1. Unit Commanders:**

- Ensure that personnel requiring SABC training receive training and keep their certification current.
- Appoint a unit SABC monitor to manage the unit's SABC program.
- Appoint unit SABC instructors.
- Ensure unit training documentation and statistics are readily available.

4.2. Unit SABC Monitors:

- Send a copy of the letter of appointment as the unit SABC monitor to the SABC advisor at the medical treatment facility (MTF).
- Schedule SABC instructors and unit personnel for SABC training.
- Document completed SABC training.
- Provide letter of certification to unit commander listing each person who successfully completes the SABC initial or refresher training program for unit notification and on-the-job training (OJT) record update.
- Maintain unit training documentation and statistics
- Manage selection of unit personnel for SABC instructor training courses allowing flexibility in training schedules and continuity when instructors leave the unit.

4.3. Unit SABC Instructors:

- Successfully complete the SABC instructor course.
- Provide SABC training to unit personnel.
- Report individuals who successfully complete SABC initial/refresher training to unit SABC monitor.
- Maintains SABC instructor currency by teaching two SABC courses a year.

4.4. Military Personnel Flights:

- Include SABC training confirmation on out-processing checklists for personnel slated for overseas assignments or deployments to facilitate training requirement identification and completion prior to permanent change of station or deployment departure.

★4.5. Director of Base Medical Services (DBMS):

- Appoints Base SABC Advisor.
- Inform all unit commanders who the Base SABC Advisor (FAC 5110) is at the MTF and how to contact this individual.

4.6. Base SABC Advisor at the Medical Treatment Facility (MTF):

- Acts as base point-of-contact for unit SABC monitors.
- Schedules and conducts SABC instructor training courses.
- Annually evaluates unit SABC programs.
- Validates quality of training at the unit level.
- Assists the unit SABC, with professional and technical advice, at the request of the unit commander.
- ★Establish requirements through the base visual information service center or the US Army Visual Information Center (USAVIC), Attn: ASQV - JVIA-T-AS, Bldg 3, Bay 3, 11 Hap Arnold Blvd, Tobyhanna, PA 18466-5102 to ensure that medical personnel providing SABC instructor training can obtain the PIN 612735, First Aid - Self Aid and Buddy Care, SABC course video.
- Provide letters of certification to unit commander for each person who successfully completes the SABC instructor training program for unit notification and OJT record update.

Section B—Objectives**5. Training Objectives.**

- Provide basic life and limb-saving techniques to help wounded or injured personnel survive in medical emergencies until medical help is available.

Section C—Requirements**6. Nonmedical Personnel Who Receive SABC Training.****6.1. Personnel selected for overseas assignments:**

- Current unit conducts initial SABC training for personnel selected for overseas assignment prior to departure.
- Personnel from pipeline or student status who report overseas after completing a formal training or educational program must receive SABC training within 60 calendar days of arrival.

6.2. Personnel currently assigned overseas.**6.3. Personnel assigned to mobility positions:**

- Mobility (primary and alternate) personnel must receive SABC training within 60 calendar days of their assignments to mobility positions.
- Additionally, personnel not currently occupying a mobility position, but subsequently selected by their commander for deployment will receive SABC training before departing (time permitting).

6.4. Personnel deployable to a high threat area.**6.5. Other personnel chosen by the unit commander.****6.6. If the unit has no SABC Training Program:**

- Contact the base SABC advisor at the MTF for assistance.

Section D—Programs**★7. Initial Training.****7.1. Program:**

- Training period runs 4 hours.
- Training remains current for 24 months.

7.2. Training Package:

- VHS videotape (PIN # 612735). Ordered by base SABC advisor and unit SABC monitor from USAVIC/JVIA .
- AFH-36-2218V1, SABC Instructor Handbook. Ordered by unit SABC monitor from base PDO.
- AFH-36-2218V2, SABC Student Handbook. Ordered by base SABC advisor from base PDO.

★8. Refresher Training.

8.1. Program:

- Training period runs 2 hours.
- Is required 24 months after initial training and every 24 months thereafter to keep the certification current.

8.2. Refresher Training Package:

- VHS videotape (PIN # 612735). Ordered by base SABC advisor and unit SABC monitor from USAVIC/JVIA.
- AFH 36-2218V1, SABC Instructor Handbook. Ordered by unit SABC monitor from base PDO.
- AFH 36-2218V2, SABC Student Handbook. Ordered by base SABC advisor from base PDO.

NOTE: When multimedia presentations are used, the SABC refresher training program must still emphasize hands-on skill demonstration.

9. Instructor Training.

9.1. Nonmedical personnel selected to be SABC instructors must:

- Be OJT trainers.
- Receive formal classroom training on the SABC initial and refresher training programs in the SABC Instructor Course prior to assuming SABC instructor duties.

9.2. Medical instructors train line-unit personnel to be SABC instructors.

9.3. The DBMS or a designated representative signs a letter certifying satisfactory completion of the SABC instructor's course.

9.4. SABC instructors must teach at least two SABC courses a year to maintain their SABC instructor certification.

9.5. Medical SABC instructor course instructors must:

- Be medical OJT trainers.
- Provide illustrative injury examples to support the instruction.
- Teach the proper techniques for leading practical skill demonstrations.
- Use the PIN 612735 video ordered through the base visual information service center or USAVIC/JVIA.
- When multimedia presentations are used, the SABC instructor training program must still emphasize hands-on skill demonstration.

10. SABC Supplemental Training Materials. Instructors at all levels may supplement their SABC courses with:

- First-aid information from the current version of AFPAM 36-2241, volume 1, *Promotion Fitness Examination Study Guide*.
- May use MAJCOM/SG office of primary responsibility approved multimedia presentations such as locally-developed videotape demonstrations.

Section E—Training Exemptions**11. Nonmedical Personnel Who Are Exempt From SABC Training.** Included are those:

- With current American Red Cross standard, multimedia, or advanced first-aid certification. (exempt until their card expires).
- With current state or national registry certification as an Emergency Medical Technician and current chemical agent symptoms and treatment training (exempt until their card expires).
- Who have completed military survival training are exempt for 24 months.
- Aircrew members who have completed combat survival training IAW MCI 10-202, *Operations Aircrew Training Programs - Policies, Organization, and Administration*.
- Who have Air Force specialty code 1T2X1, *Pararescue Specialty*. **NOTE:** Pararescue individuals have specialized training and experience that make them excellent SABC instructor candidates for unit SABC training programs.

NOTE: Exemptions are not granted for chemical agent symptom recognition and treatment training.

12. Commanders Responsibilities.

- Commanders are responsible for unit SABC instructors who grant SABC training exemptions to individuals meeting the criteria in paragraph 11.
- Commanders will ensure all personnel can recognize the signs and symptoms of chemical agent contamination and properly administer nerve agent pretreatment drugs and antidotes. Training will be accomplished using initial SABC training package.

EDGAR R. ANDERSON, Lt General, USAF, MC
Surgeon General

GLOSSARY OF REFERENCES, ABBREVIATIONS, AND ACRONYMS***References***

AFPD 36-22, *Military Training*
AFI 36-2201, *Developing Military Training Programs*
AFI 36-2202, *Managing and Conducting Military Training Programs*
AFPAM 36-2241, Volume 1, *Promotion Fitness Examination Study Guide*

Abbreviations and Acronyms

AFI—Air Force Instruction
AFPD—Air Force Policy Directive
AFRES—Air Force Reserve
AFRES/SG—Air Force Reserve/Director of Health Services
ANG—Air National Guard
ARC—Air Reserve Component
ARPC—Air Reserve Personnel Center
ARPC/SG—Air Reserve Personnel Center/Command Surgeons Office
DBMS—Director Base Medical Services
DoD—Department of Defense
HQ AETC—Headquarters Air Education and Training Command
HQ USAF—Headquarters United States Air Force
MAJCOM—Major Command
MAJCOM/SG—Major Command/Command Surgeons Office
MTF—Medical Treatment Facility
OJT—On-the-Job-Training
PDO—Publication Distribution Office
SABC—Self-Aid and Buddy Care
SG—Surgeon General
SGWN—Directorate of Nursing Services
USAFR—United States Air Force Reserve
USAVIC/JVIA—Air Force Central Visual Information Library